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What is claimed:

- 5 (1) The use of desloratadine for the preparation of a medicament for treating and/or preventing allergic and inflammatory conditions of the skin or airway passages in a human in need of such treating and /or preventing while avoiding a food effect associated with non-sedating antihistamines wherein the medicament comprises an amount of desloratadine effective for such treating and/or preventing.
- 10 2) The use of desloratadine for the preparation of a medicament for treating and/or preventing seasonal or perennial allergic rhinitis in a human while avoiding a food effect associated with non-sedating antihistamines wherein the medicament comprises an amount of desloratadine effective for such treating and/or preventing.
- 15 (3) The use of desloratadine for the preparation of a medicament for treating and/or preventing atopic dermatitis or urticaria in a human in need of such while avoiding a food effect associated with non-sedating antihistamines wherein the medicament comprises an amount of desloratadine effective for such treating and/or preventing.
- 20 (4) The use of any preceding claim wherein the amount of desloratadine is about 2.5 mg/day to about 45 mg/day.
- 25 (5) The use of any preceding claim wherein the amount of desloratadine is about 5 mg/day to about 15 mg/day.
- (6) The use of any preceding claim wherein the amount of desloratadine is about 5 mg/day to about 10 mg/day.
- 30 (7) The use of any preceding claim wherein the amount of desloratadine is about 5 mg/day in single or divided doses.